



IMA TELLICHERRY
NEWS LETTER – MAY 2021

**ORGANIZATIONAL
ACTIVITIES**

03.05.2021: Building Committee Meeting

Building committee meeting conducted at Zoom Platform. 15 members attended the meeting.

5.5.2021: Building Committee Meeting

Building committee meeting conducted at Zoomplatform. 15 members attended the meeting.

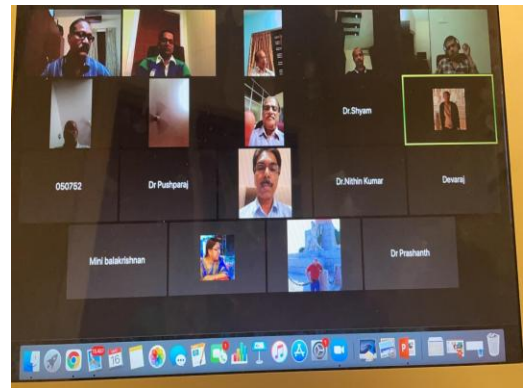
9.5.2021: Building Committee Meeting

Building committee meeting conducted at Zoomplatform. 15 members attended the meeting

16.5.2021: Condolence Meeting

A condolence meeting was held on the sad demise of Dr.

Abdul Latheef. A condolence resolution was passed. After the meeting many members including the IMA members visited his residence and paid homage to the departed soul.



26.05.2021: Executive Committee Meeting

Zoom Meeting on 26.5.2021. President welcomed the gathering. 30 members attended the Zoom meeting. Vote of thanks was proposed by Dr. Jayakrishnan Nambiar.

31.05.2021: General Body Meeting

Thalassery IMA conducted an GB Meeting on 31.5.21. Dr. Sajeev Kumar P

B (President IMA Thalassery) presided the function. A total number of 60 members attended. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) proposed the vote of thanks.

SOCIAL ACTIVITIES

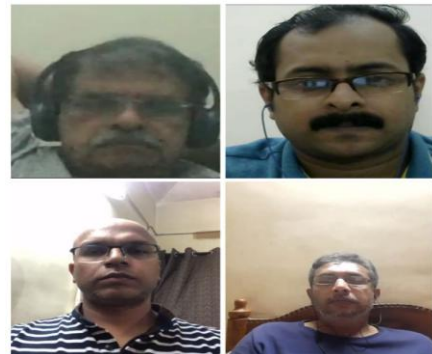
29.04.2021:Immunization Awareness Programme

Online Training session for Asha's of Kadirur,Dharmadam and Pinarayi Grama Panchayath was organized by IAP Thalassery and IAP Kerala in association with IMA Thalassery.Programme started at 7.30 pm with Welcome address by Dr.Sakkariya P P,President IAP Thalassery.This was followed by presidential address given by Dr.T P Jayaraman,President IAP Kerala.Felicitations were given by Dr.Narayanan M,IPP,IAP Kerala and Chairperson for the Bridging the gap in immunization action plan,Dr.Johnny

Sebastian,Secretary IAP Kerala,Mr.P P Sanil,President Kadirur Gramapanchayath, **Dr.Sajeev Kumar, President IMA Thalassery** and Dr.M K Santosh ,Past President,IAP Kerala.

This was followed by the ASHA Awareness talk by Dr.Priya ,Assistant Professor and Immunisation OPD in charge ,Govt Medical College,Kozhikode.The programme was attended by nearly ASHA workers ,IAP Members and doctors in Govt Health Services.General Immunisation protocol and covid related issueswere covered in the talk,followed by interactive discussions.

Webinar concluded at 9.00pm with vote of thanks by Dr.K G Gopakumar ,Secretary IAP Thalassery.



DONATION

15.5.2021: Dr.Shyjus gave a Facebook live talk on I can for India Cowin Action Network.

Dr.Ranjith Ramakrishnan and Mrs.Monisha Ranjith donated Pulse Oximeter to Asha Worker and Councilor for the Panchayath.



കേരള കാമുകി 28 May 2021

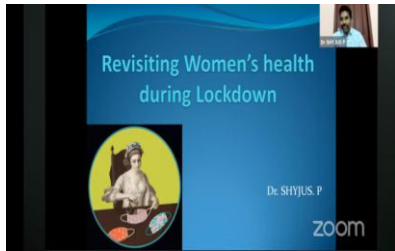


തലശ്ശേരി ഗുണിതാറാധി സംഘകളെ ആശ്രയിച്ചായിട്ടുള്ള പ്രത്യേക ശൈശവശാസ്ത്രീ സെക്ടറിലെ രഞ്ജിത്ത് രാമകൃഷ്ണൻ, മിനികാമുഖിയമ്മ പ്രവർത്തനശൈലിയിലെ തിരുമങ്ങാട് വാർഡിലെ ഓരോ ശാസ്ത്രീ രഞ്ജിത്ത് എന്നിവർ ഹെൽത്ത് സെപ്റ്റേഷൻ സിസ്റ്റം തിരുമങ്ങാട് കൗൺസിലർ ഏരിയ, തലശ്ശേരിയിൽ നിന്നും രഞ്ജിത്ത് വാർഡിലെ ആശാ വർക്കർ പുഷ്പലക്ഷ്മി പ്രവർത്തകൾ എം. പ്രൊഫ.എന്നിവർ പങ്കെടുത്തു.

KERALA KALAMUKKI PAPER
Circulating Kerala - Kottayam

15.5.2021:Dr.Shyjus gave a talk on Revisiting Women Health in Lockdown.

Dr.Mini Balakrishnan donated PPE Kit for the volunteers of Covid Warriors.

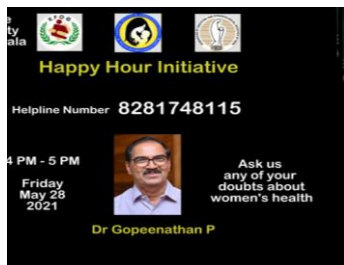


OBSERVATION OF IMPORTANT DAYS

22.05.2021: A Project to help general Public by spacing as hour Every day to answer their quires and doubts regarding Covid.

15.05.2021: World Asthma Day

As part of observation of World Asthma Day -Pediatric Asthma/Aerosol Therapy and Empowerment of General Practitioners, IAP Thalassery and IAP Kerala in association with IMA and IMA CGP Thalassery organized an online

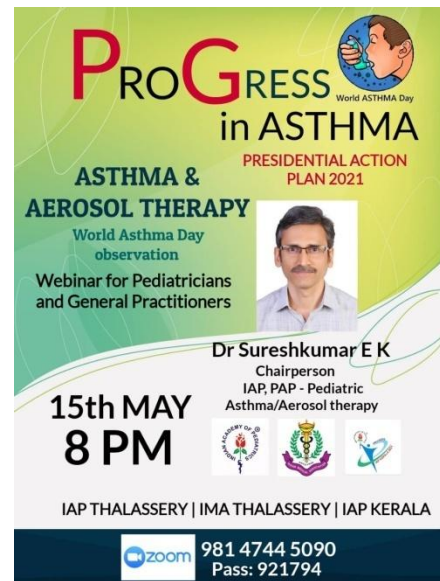


Webinar for Pediatricians and General Practitioners on 15th May at 8.00pm.

Welcome address by Dr.Sakkariya PP(President IAP Thalassery).This was followed by presidential address given by Dr.T P Jayaraman,President IAP Kerala.Dr.Johnny Sebastian,Secretary IAP Kerala, Dr.Sajeev Kumar PB, President IMA Thalassery gave felicitations.This was followed by the talk on Pediatric Aerosol therapy by Dr.E K Suresh Kumar, Chairperson for PAP-Pediatric Asthma and Aerosol Therapy and HOD Department of Pediatrics, Aster MIMS,Calicut.

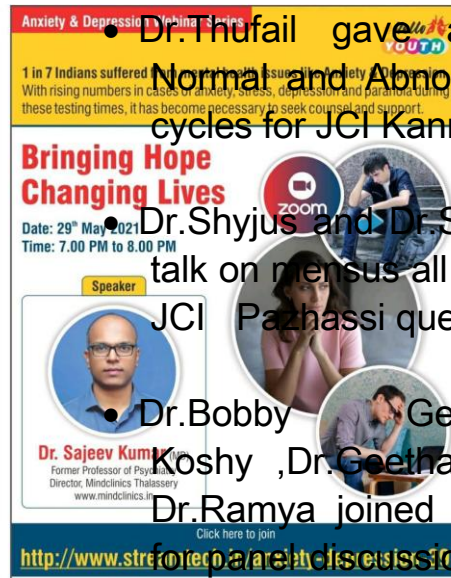
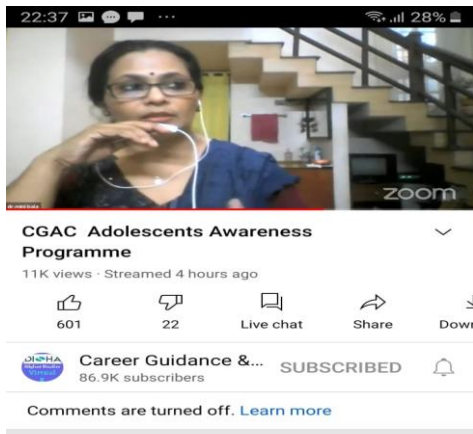
He spoke elaborately on Aerosol therapy, from its origins to the present form,the selection of appropriate therapy and much more. The talk was followed by an interactive session and experience sharing by fellow pediatricians and participants.

IMA TELlichERRY NEWS LETTER MAY 2021



24.05.2021: World Schizophrenia Awareness Day

IMA Thalassery in association with Indian Psychiatry Society Kannur Guild conducted a CME on Depression and Anxiety Disorder in Covid Pandemic. Dr.Sajeev Kumar P B (President IMA Thalassery & Psychiatrist, Aster MIMS Kannur) presented the topic for Psychiatrists and Physicians from all over India on Zoom Platform.



• Dr.Thufail gave a session on Normal and Abnormal Menstrual cycles for JCI Kannur.

• Dr.Shyjus and Dr.Suchitra gave a talk on mensus all that a know for JCI Pazhassi queens.

• Dr.Bobby George,Dr.Bindhu Koshy ,Dr.Goetha Mekkoth and Dr.Ramya joined JCI Thaassery

for parallel discussion on abnormal bleeding and premenstrual syndrome

International Menstrual Hygiene Day

- Dr.Mini Balakrishnan and Dr.Suchitra Sudhir were Chairperson for the awareness session on Menstrual Hygiene at Calicut.
- Dr.Mini Balakrishnan awareness talk on Menstrual Hygiene for Malabar Medical Colege,Union.
- Dr.Shyjus created an Awareness Video on role of men & boys on Menstrual Hygiene in YouTube.
- Dr.Suchitra Sudhir gave an awareness session Menstrual Hygiene on Zoom for Jaycees Mattannur.

31.05.2021:World No Tobacco Day

Dr.Mini Balakrishnan delivered a talk on addiction as adolescent group in cancer guidance and adolescent counseling cell.Dr.Jayakrishnan Nambiar co-ordinated the function.

SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS **Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 900 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

Association with other organizations

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PUBLIC RELATIONS & SOCIAL
INVOLVMENT

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